



Sunday, Sept. 28, 2014 · 1-5 p.m. · Burns Park

1:00 - 1:45

Welcome, Warm-Up and
Group Games

1:45 - 2:30

Relay Races

2:30 - 3:45

Activities for All Ages:

- Field Hockey
- Flag Football
- Lacrosse
- Soccer
- Kickball
- Martial Arts for kids
- BollyFit®
- World Dance
- Tai Chi
- Pilates

4:00 - 5:00

Raffle Drawing

- Great Items for All!

Throughout the Day

Chair Massages
Bake Sale
Root Beer Floats & Brats
Scavenger Hunt
Face Painting
Petanque

*Please join us for our
7th Annual Family Field Day*

Suggested Donation:

\$20/family and \$10/individual

(pre-registration)

\$25/family and \$15/individual

(day of event)



To pre-register and for more information:

www.ActiveAgainstALS.org

All proceeds are donated to ALS research